

Directions:

Shake well before each use.
Adults 18 years and older
take 1 teaspoon (tsp) daily.
Store in original container,
in a cool place protected
from light. Refrigerate after
opening and consume
within 100 days. **Keep out
of reach of children.** Do
not use if safety seal is
broken or missing.

Let's Grow Together

Find out more at naturesway.com

[†]as compared to NutraVege™
Omega-3 Plant 500 mg
Strawberry Orange Flavored

Omega-3 without the fish

Plant sourced formula

Provides a minimum of 300 mg EPA &
600 mg DHA per teaspoon

Clean, Light Taste

Great tasting and vegetarian friendly!

Guaranteed Pure

View test results online at
purecheck.net



Pure  TM
Check for yourself.



NutraVege™

Omega-3 Plant Extra Strength[†]



**1000 mg
Omega-3
per teaspoon**

Cranberry Orange Flavored

6.8 fl. oz. (200 mL) Algal Oil Supplement

Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL)

Servings per Container 40

Amount per Serving	% DV
Calories	40
Total Fat	4.5 g 6% [†]
Saturated Fat	1 g 5% [†]
Trans Fat	0 g **
Polyunsaturated Fat	1.5 g **
Monounsaturated Fat	2 g **
Cholesterol	0 mg 0%
Algal Oil (<i>Schizochytrium</i> spp.)	2 g **
Omega-3 Fatty Acids	1 g **
Eicosapentaenoic Acid (EPA)	300 mg **
Docosahexaenoic Acid (DHA)	600 mg **

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sunflower oil, natural flavors, preservatives to maintain freshness (rosemary extract, green tea extract, mixed tocopherols, ascorbyl palmitate), monk fruit extract
Product of Canada.



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Questions?
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