

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Mega Bio-C Formula Capsules contain high potency buffered vitamin C from calcium ascorbate and high potency citrus bioflavonoids complex from oranges, lemons, tangerines, grapefruits and limes plus, hesperidin and rutin for immune health. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.♦

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
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Bluebonnet®



Mega Bio-C Formula

Buffered Vitamin C
Citrus Bioflavonoids
Dietary Supplement



90 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	750 mg	833
Calcium (as calcium ascorbate)	70 mg	5
Citrus Bioflavonoid Complex	750 mg	*
Hesperidin (Supplying flavones [eriocitrin, naringenin, narirutin] flavonols and other related phenolic compounds)	300 mg	*
Rutin	50 mg	*

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.