

## L-Carnitine

An amino acid that is crucial for the oxidation of fats to generate energy. L-Carnitine functions as a carrier for the transport of fatty acids into the mitochondria, the "energy furnaces" of the cell. Carnitine is a "semi-essential" nutrient, in that its synthesis in the body is complex and may be hindered in individuals who are nutritionally compromised.\*

### Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

This nutrient is of the highest quality obtainable and is free of all common allergens (antigens), and does not contain preservatives, diluents, or artificial additives.

Appropriate for food-sensitive individuals.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



AllergyResearchGroup

# L-Carnitine



dietary supplement

**HYPOALLERGENIC**

250 tablets

## Supplement Facts

Serving Size	1 Tablet
Servings Per Container	250
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Amount Per Serving	% Daily Value
L-Carnitine	500 mg *
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\*Daily Value not established.

Other ingredients: Cellulose, dicalcium phosphate, silicon dioxide, magnesium stearate, stearic acid.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for  
Allergy Research Group®  
Alameda, CA 94502  
[www.allergyresearchgroup.com](http://www.allergyresearchgroup.com)