

## SUPPORTS HEALTHY HAIR, SKIN, AND NAILS\*

Nature's Way® Hair & Skin formula is a specialty blend of herbs like cayenne, fo-ti, kelp, and horsetail, with enzymes and other nutrients to help support healthy hair, skin, and nails.\*



**GLUTEN FREE.** No sugar, wheat, soy, artificial colors, flavors, or preservatives.

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Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE / naturesway.com



◆ LG79240.B02 B212214B



\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



❖ PREMIUM BLEND ❖

## HAIR & SKIN

SUPPORTS HEALTHY  
HAIR, SKIN, AND NAILS\*



### 100 CAPSULES

### DIETARY SUPPLEMENT

**Recommendation:** Take 4 capsules daily, preferably with food.

**Warning:** If you are pregnant, nursing, have kidney dysfunction, or are taking any medications, consult a healthcare professional before use.

## Supplement Facts

Serving Size 4 Capsules / Servings per Container 25

| Amount per Serving            | % DV          | Amount per Serving                                                                                                                    | % DV      |
|-------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Total Carbohydrate            | <1 g <1%†     | Kelp (whole thallus)                                                                                                                  | 160 mg ** |
| Dietary Fiber                 | <1 g 4%†      | Nettle ( <i>Urtica</i> spp.) (leaf)                                                                                                   | 160 mg ** |
| Biotin                        | 1.6 mg 5,333% | Oat straw (aerial parts)                                                                                                              | 160 mg ** |
| Sodium                        | 10 mg <1%     | Rosemary (leaf)                                                                                                                       | 160 mg ** |
| Methyl Sulfonyl Methane (MSM) | 600 mg **     | Concentrated Enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase) | 100 mg ** |
| Cayenne Pepper (fruit)        | 160 mg **     | †Percent Daily Values (DV) are based on a 2,000 calorie diet.                                                                         |           |
| Fo-Ti (root)                  | 160 mg **     | **Daily Value not established.                                                                                                        |           |
| Glucosamine HCl               | 160 mg **     |                                                                                                                                       |           |
| Horsetail (aerial parts)      | 160 mg **     |                                                                                                                                       |           |

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate, silica

Contains milk and shellfish (crab, shrimp, and lobster).

**Keep out of reach of children.** Safety sealed with printed inner seal. Do not use if seal is broken or missing.