

Nature's Plus. The Energy Supplements.

SKINNY MINI™

ENERGIZING WEIGHT LOSS FORMULA
HIGH PROTEIN BALANCED NUTRITION

Shake

NON-GMO
Natural Soy

EPHEDRA FREE
5 GRAMS
NET IMPACT CARBS†

Net Wt. 1.09 lb. (495g)

FOR ALL
LOW-CARB
DIETS!
SEE DIRECTIONS

DOUBLE CHOCOLATE FUDGE CRUNCH

Nutrition Facts

Serving Size 1 Scoop (33g)
Servings Per Container 15

Amount Per Serving	SKINNY MINI	w/1 Cup Skim Milk
Calories	80	160
Calories from Fat	10	10
	%Daily Value**	
Total Fat 1g*	2%	2%
Saturated Fat 0g	0%	0%
Cholesterol 0mg	0%	2%
Sodium 120mg	5%	10%
Potassium 250mg	7%	19%
Total Carbohydrate 17g	6%	10%
Dietary Fiber 3g	12%	12%
Sugars 2g		
Sugar Alcohol 9g		
Other Carbohydrates 3g		
Protein 9g	18%	34%
Vitamin A	10%	20%
Vitamin C	10%	10%
Calcium	6%	36%
Iron	10%	10%
Vitamin D	10%	35%
Vitamin E	10%	10%
Thiamin	10%	15%
Riboflavin	10%	35%
Niacin	10%	10%
Vitamin B6	10%	15%
Folic Acid	10%	15%
Vitamin B12	100%	120%
Biotin	10%	10%
Pantothenic Acid	10%	20%
Phosphorus	10%	35%
Iodine	2%	2%
Magnesium	10%	15%
Zinc	10%	15%
Selenium	10%	20%
Manganese	10%	10%
Chromium	130%	130%
Molybdenum	10%	10%

*Amount in SKINNY MINI SHAKE. A serving of SKINNY MINI SHAKE plus skim milk provides 1g fat, 5mg cholesterol, 245mg sodium, 656mg potassium, 29g carbohydrate (13g sugar) and 17g protein.

**Percent Daily Values are based on a 2,000 calorie diet.

Each serving of SKINNY MINI SHAKE also contains:

Proprietary Skinny Mini Herbal Energy Blend	636 mg
Guarana Seed†, L-Phenylalanine, Aspartic Acid, Spirulina, Cacao Fruit (Theobroma cacao) (Metabromine™)†, Green Tea (Camellia sinensis leaf)†	
Rhodiola (Rhodiola rosea root) (with standardized rosin, salidroside, polyphenols, beta-vicianosides, rosin and rosinarin)	250 mg
CitriMax® (Garcinia cambogia fruit extract) (standardized 50% [50 mg] [-]hydroxycitrate)	100 mg
Conjugated Linoleic Acid (CLA) (standardized 1:1 c9-t11:t10-c12)	100 mg
Bioperine® (from Piper nigrum fruit) (standardized to 95% [0.95 mg] 1-piperoyl piperidine)	1 mg

† Standardized extract

INGREDIENTS: Vitasweet® (proprietary blend of maltitol, FOS, bromelain and papain), SKINNY MINI Protein Blend (non-GMO isolated soy protein, soy crisps), nonfat dry milk, cocoa (processed with alkali), natural flavors, fructose, xanthan gum, SKINNY MINI Herbal Energy Blend (guarana, l-phenylalanine, aspartic acid, spirulina, Metabromine™, green tea), lecithin, rhodiola, natural color, CitriMax®, Clarinol®, SKINNY MINI Vitamin & Mineral Blend (magnesium oxide, ascorbic acid, vitamin E acetate, ferrous fumarate, biotin, niacinamide, vitamin A palmitate, zinc oxide, calcium pantothenate, inositol, choline bitartrate, manganese sulfate, pyridoxine hydrochloride, thiamine hydrochloride, riboflavin, ergocalciferol, folic acid, lemon bioflavonoids, sodium molybdate, potassium iodide, sodium selenite), acacia leaf powder, oat bran, ForsLean® (Coleus forskohlii standardized extract), Bioperine®, chromium chloride, ChromeMate® (chromium polynicotinate), cyanocobalamin...and LOVE♥



SKINNY MINI is scientifically formulated with isolated soy protein from only non-genetically modified (non-GMO) soybeans — As Nature Intended.

ENERGIZING WEIGHT LOSS FORMULA

- SKINNY MINI helps reduce cravings for food
- SKINNY MINI increases energy naturally
- SKINNY MINI helps increase metabolism
- SKINNY MINI is 100% ephedra-free

DIRECTIONS: Add one heaping scoop (scoop included in can) of SKINNY MINI SHAKE to 8 fl. oz. of water or milk and mix (or shake) until smooth. For best results, water or milk should be very cold.

SPECIAL LOW-CARB DIET RECIPE FOR A RICH, CREAMY TASTE SENSATION WITH NO ADDITIONAL CARBS: Mix contents of packet with 4 oz. of cold water and 4 oz. of cold heavy cream for a rich, thick shake with no additional carbs.

PHENYLKETONURICS: Contains phenylalanine.

WARNINGS: Do not take in the evening. Do not exceed 2 servings per day. Not intended for persons under 18 years of age. Do not use if you are pregnant or nursing or are allergic to tyramine or chocolate. The recommended serving of this product contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

NOTICE: For weight reduction, use only as directed in the SKINNY MINI WEIGHT LOSS PROGRAM. Do not use in diets supplying less than 400 calories per day without medical supervision. SKINNY MINI SHAKE is part of the SKINNY MINI WEIGHT LOSS PROGRAM (see enclosed SKINNY MINI WEIGHT LOSS PROGRAM or write to Nature's Plus, 548 Broadhollow Road, Melville, NY 11747).

† To calculate net impact carbs, subtract Dietary Fiber and Sugar Alcohol from Total Carbohydrate.

SKINNY MINI SHAKE MIXES INSTANTLY – NO BLENDER REQUIRED.

YEAST-FREE

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.



Made with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of Nature's Plus
9500 New Horizons Blvd.
Amityville, New York 11701, USA
©NATURAL ORGANICS®
www.naturesplus.com

PRODUCT NO. 4327

