

CONTAINS: Lecithin Granules.

DIRECTIONS: One or two tablespoons daily in juice, cereal, etc., or eat as is from the container.

NATURE'S PLUS LECITHIN GRANULES are made from the highest quality natural soybean lecithin, containing 95 - 98% Soy Phosphatides. This concentrated product is equivalent to 11.25 grams of oil-based liquid lecithin per serving. **NATURE'S PLUS** Lecithin is made in the United States, so you know you are getting the freshest product available. You avoid the usual delay encountered when imported lecithin is used. This pleasant-tasting, oil-free lecithin provides the highest potencies of **naturally** occurring Choline and Inositol.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**



Nature's Plus®
The Energy Supplements®

NATURAL SOYA
**LECITHIN
GRANULES**
95 - 98% SOY PHOSPHATIDES



Net Wt. 12 oz. (340g)



Nutrition Facts	
Serving Size 1 Level Tablespoon (7.5g)	
Servings Per Container 45	
Amount Per Serving	
Calories 43	Calories from Fat 36
%Daily Value*	
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 0.5g	
Sodium 0mg	0%
Total Carbohydrate 1g	0.3%
Protein less than 1g	
Calcium 6%	Iron 2%
Vitamin E 5%	Phosphorus 25%
Magnesium 6%	
Not a significant source of cholesterol, protein, dietary fiber, sugars, vitamin A and vitamin C.	
*Percent Daily Values are based on a 2,000 calorie diet.	

Each Serving Also Provides:
Choline (phosphatidylcholine) 270 mg
Inositol (phosphatidyl inositol) 165 mg

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc., makers of **Nature's Plus**
9500 New Horizons Blvd., Amityville, New York 11701, USA
©NATURAL ORGANICS® www.naturesplus.com

LEL 1128991