

## **Nutrition Facts**

Serving Size 1 Tablespoon (27g) Servings Per Container 20

## **Amount Per Serving**

Calories 80

%Daily Value\* Total Fat 0g 0%

0%

Saturated Fat 0g Trans Fat 0g Cholesterol 0mg 0% Sodium 7mg 0% Potassium 50mg 1%

	The Mark
<b>Total Carbohydrate</b>	26g <b>9</b> %
Dietary Fiber 8g	32%
Soluble Fiber 2g	
Insoluble Fiber 6g	
Sugars 16g	

Other Carbohydrate 2g Protein 0a

	%Daily Value
/itamin A	0%
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Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on vour calorie needs:

Calories from Fat 0

Calories	2,000	2,500
Total fat	<65g	80g
Sat. fat	<20g	25g
Cholest.	<300mg	300mg
Sodium	<2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total carb.	300g	375g
Fiber	25g	30g

Calories per gram:

Fat 9 • Carb. 4 • Protein 4

FIBERIFIC DRINK is the highest quality, most concentrated fiber supplement. Each fat-free, naturally sweetened serving is a perfect addition to any healthy diet.

Mixed with juice or water, **FIBERIFIC DRINK** provides 8 grams (8,000 mg) of superior grade fiber from 100% vegetarian sources. Oat bran, brown rice, apple pectin, citrus pectin, beet fiber, prune fiber and rice bran are delicately blended with natural apple and cinnamon flavors to give FIBERIFIC DRINK a taste unsurpassed by any other fiber product.

**INGREDIENTS:** Fructose, oat bran, natural apple/cinnamon flavor, guar gum, cinnamon, soy fiber, apple pectin, citrus pectin, beet fiber, brown rice, prune fiber, rice bran... and LOVE♥

**DIRECTIONS:** Add one heaping tablespoon of **FIBERIFIC DRINK** powder to 8 fl. oz. of juice or water, and mix until smooth. For best results, juice or water should be very cold.

> MIXES INSTANTLY, NO BLENDER REQUIRED. VEGETARIAN, YEAST-FREE PRODUCT.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT. NOT VOLUME. THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc. makers of Nature's Plus Amityville, New York 11701, USA ©NATURAL ORGANICS® www.naturesplus.com

