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Keep Out of the Reach of Children
Store away from heat & light

SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 4 times
per day. Best taken between meals.
Caution: Seek expert medical advice
before taking during pregnancy.

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SUGGESTED USE

Eschscholzia californica
**CALIFORNIA
POPPY**

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

California Poppy Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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California Poppy whole flowering plant (<i>Eschscholzia californica</i>)Ⓞ extract 633 mgⓄ	†
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† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(52-62%) & distilled water. **Gluten-Free**

Ⓞ Certified Organic

Ⓞ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

Prepared from whole flowering *Eschscholzia californica* plants which are **certified organically grown** on our own farm.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.