INGREDIENTS: Proprietary non-GMO protein blend (rice protein, pea protein, and soy (isolated soy grotein and fermented soy)), fructose, Dutch cocce, tri-calcium phosphate, potassium citrate, quar gum, magnesium oxide, psyllium, natural vanilla flavor, gat bran, microcrystalline cellulose, spirulina, vitamin C, vitamin E acetate, choline bitartrate, inositol, apple pectin, bee pollen niarinamide vitamin A palmitate zinc oxide manganese sulfate ferrous furnarate calcium pantothenate, lecithin, lemon bioflavonoids, papava, bromelain, chlorophyll, pyridoxine HCI, riboflavin, thiamine HCI, vitamin B12, vitamin D, folio acid, biotin, potassium iodide, chromium chloride, sodium selenite, sodium molybdate....and LOVEY

TYPICAL AMINO ACID PROFILE PER SERVING

Amino Acid	% Total Protein	/Dg		Total Protein	mg
ISOLEUCINE	4.3	692	GLUTAMIC ACID	19.1	2874
HISTIDINE	2.6	364	THREONINE	3.8	532
LEUCINE	8.2	1148	PROLINE	5.1	714
ARGININE	7.5	1050	PHENYLALANINE	5.1	714
LYSINE	6.3	882	GLYCINE	4.2	588
ASPARTIC ACID	11.6	1624	TRYPTOPHAN	1.3	182
METHIONINE	1.3	182	ALANINE	4.3	€02
SERINE	5.2	728	VALINE	5.0	700
CYSTEINE	1.3	182	TYROSINE	3.8	532



SPIRU-TEIN is scientifically formulated with isolated soy protein s from only non-genetically modified (non-GMD) saubeans -As Nature Intended

25 grams of soy protein a day, as part of a diet low in saturated fat and cholestern, may reduce the risk of heart disease. A serving of -

SPIRU-TEIN supplies 6.25 grams of soy protein. L Nature's Plus CHOCOLATE SPIRU-TEIN POWDER features a unique blend of ingredients, including

. 100% DAILY VALUE of all Vitamins . BROAD PROFILE of Essential Minerals . ENERGY NUTRIENTS: High Quality Soy Protein and Bee Pollen

. DIFT-AIDS: Lecithin, Spirulina, Choline and Inositol . ENZYMES: Bromelain and Papava . CLEANSING: Chlorophyll

. FIBER: Bran, Cellulose and Apple Pectin DIRECTIONS: Add one heaping scoop (scoop included in can) of CHOCOLATE

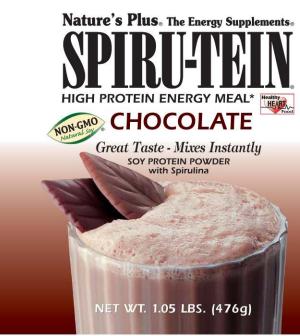
SPIRU-TEIN POWDER to 8 fl. oz. of skim milk, whole milk, or juice, and mix (or shake) until smooth. For best results, milk or juice should be very cold. SPECIAL LOW-CARB DIET RECIPE FOR A RICH, CREAMY TASTE SENSATION WITH NO ADDITIONAL CARBS: Mix one scoop of powder with 4 gz. of cold water and 4 oz. of cold heavy cream for a rich, thick shake with no additional carbs "Not to be used as the sole source of dietary calories.

> CHOCOLATE SPIRU-TEIN MIXES INSTANTLY. NO BLENDER REQUIRED. VEGETARIAN, YEAST-FREE PRODUCT. KEEP TIGHTLY CLOSED IN A COOL. DRY PLACE.

KEEP OUT OF REACH OF CHILDREN NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc. makers of Nature's Plus Amithoille, New York 11701, USA CONSTURAL DEGANICS. www.naturesplus.com





Nutrition Facts

w/1 Cup

Serving Size 1 Scoop (28g) Servings Per Container 17

Amount Per

Zinc

Chromium

Molybdenum

Serving	SPIRU-TEIN	Skim Milk	
Calories	96	176	
Calories from Fat	0	0	
DO-COMMENSACION DE LA COMPANSACION DE LA COMPANSACI	%Daily Value*		
Total Fat 0g*	0%	0%	
Saturated Fat 0g	0%	0%	
Trans Fat 0g			
Cholesterol Omg	0%	2%	
Sodium 120mg	5%	10%	
Potassium 190mg	5%	179	
Total Carbohydrate 10g	3%	79	
Dietary Fiber 1g	4%	49	
Sugars 7g			
Other Carbohydrate 2g			
Protein 14g	28%	449	
	10000	****	
Vitamin A	100%	1109	
Vitamin C	100%	100%	
Calcium	30%	60%	
Iron	25%	25%	
Vitamin D	100%	120%	
Vitamin E	100%	1009	
Thiamin	100%	1109	
Riboflavin	100%	1209	
Niacin	100%	100%	
Vitamin B6	100%	100%	
Folic Acid	100%	100%	
Vitamin B12	100%	1209	
Biotin	100%	1009	
Pantothenic Acid	100%	110%	
Phosphorus	20%	459	
lodine	100%	100%	
Magnesium	20%	25%	

*Amount in SPIRU-TEIN. A serving of SPIRU-TEIN plus skim milk provides 0g fat, 5mg cholesterol, 245mg sodium, 596mg potassium, 22g carbohydrate (18g sugar) and 22g protein.

100%

30%

15%

25%

30%

15%

25%

"Percent Daily Values are based on a 2,000 calorie diet.