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Suggested Use: Take one (1) to three (3) softgels per day with meals. **Up to six (6) softgels per day can be taken for additional support.**

The American Heart Association recommends healthy adults consume two servings of fatty fish per week which provides 1,750-3,500 mg DHA and EPA. This amount equates to 250-500 mg of DHA and EPA per day. Each DrFormulas' Fish Oil softgel provides 700 mg DHA and EPA.

CAUTION: Consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease



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DrFormulas™

Prenatal DHA



700mg Omega-3 DHA + EPA

+Phthalate-free Enteric Coating
+3x Strength Molecularly Distilled
for Maximum Purity and Potency

Tasteless & Burpless Softgel
90 Enteric Coated Softgels
Dietary Supplement

Supplement Facts

Servings Per Container: 90

Serving Size: 1 Softgel	Amount	%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Purified & Distilled Fish Oil	1,000 mg	*
Typically Providing:		
EPA+DHA Omega-3 Fatty Acids	700 mg	*

*Daily Value (DV) not established.

**%DV is based on a 2,000 calorie diet.

Other ingredients: Gelatin (bovine), vegetable glycerin, purified water, natural vitamin E and enteric coating.

ALLERGEN WARNING: CONTAINS SOY AND FISH (HERRING, ANCHOVY, SARDINE, SALMON, and MACKEREL)

DrFormulas' Fish Oil is non-GMO, molecularly purified. Each batch is tested for mercury, toxins, and PCBs and is guaranteed to be within California Proposition 65 limits.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.