

**Directions:** As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

**Bluebonnet's Vitamin A & D<sub>3</sub> Softgels** contain vitamin A and vitamin D<sub>3</sub> (cholecalciferol) from deep sea, cold water, fish liver oil and are molecularly distilled. Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for  
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**Bluebonnet**



# Vitamin A & D<sub>3</sub>

A 25,000 IU/D<sub>3</sub> 1000 IU  
Dietary Supplement  
**100 Softgels**



## Supplement Facts

Serving Size 1 Softgel

| Amount<br>Per Serving  |                                                               | % Daily<br>Value |
|------------------------|---------------------------------------------------------------|------------------|
| Vitamin A              | 7500 mcg<br>(from 25,000 IU fish liver oil)                   | 833              |
| Vitamin D <sub>3</sub> | 25 mcg<br>(as 1000 IU cholecalciferol from<br>fish liver oil) | 125              |

Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin,  
purified water, soybean oil.

**Contains: Fish (cod), soybeans**

**Free** of milk, egg, crustacean shellfish, tree  
nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice,  
sodium and sugar.