

swanson.com
or call 1-800-437-4148

- Great source of iodine
- Supports healthy thyroid function
- Supports a healthy body weight

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet per day with water. Do not exceed recommended dose.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Kelp

Thyroid Support

IODINE SOURCE

MINERAL SUPPLEMENT | 250 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Iodine (from kelp)	225 mcg	150%
Atlantic Kelp	59 mg	*
(Ascophyllum nodosum) (standardized to 0.4% iodine)		

*Daily Value not established.

Other ingredients: Dicalcium phosphate, calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, silica, magnesium stearate, acacia, maltodextrin.

May contain crustacean shellfish (lobster, crab and shrimp).

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