

Supplement Facts

Serving Size: 2 Vegetable Capsules
Servings Per Container: 30

	Amount	% Daily Value
Vitamin B-1 (thiamine HCl)	4 mg	266%
Vitamin B-2 (riboflavin)	4 mg	236%
Niacinamide	20 mg	100%
Vitamin B-6 (pyridoxine HCl)	20 mg	1000%
Folic Acid	100 mg	26%
Vitamin B-12 (cyanocobalamin)	200 mg	3333%
Calcium (carbonate)	100 mg	10%
Magnesium (oxide)	100 mg	26%
Ashwagandha Root (7% extract)	60 mg	*
GABA (gamma-Aminobutyric Acid)	200 mg	*
Chamomile Flower (4:1 extract)	200 mg	*
5-HTP (5-Hydroxytryptophan)	100 mg	*
(Gryffonia simplicifolia) (seed)		
St. John's Wort 0.3% Extract	50 mg	*
Probiotic Blend (Lactobacillus helveticus, Lactobacillus casei Bifidobacterium longum)	5 Billion CFUs	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetable cellulose (with chlorophyll), vegetable magnesium stearate, silicon dioxide, and natural vanilla flavor (added for aroma).

ALLERGEN INFORMATION: CONTAINS SOY AND DAIRY. Suitable for lactose intolerant individuals. Not manufactured with egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

 **DrFormulas™**

Nootropic Mood Formula



Ashwagandha Root

+ Probiotics + B Vitamins + Magnesium
+ 5 HTP + GABA + St. John's Wort
+ Supports Balanced Mood

Relaxation & Calmness

Dietary Supplement - 60 Veggie Caps

SUGGESTED USE: Take 2 capsules daily preferably with meals or as directed by a healthcare professional.
KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL DRY PLACE.

Do not exceed recommended dosage. Avoid driving or operating heavy machinery while taking this product. Pregnant or nursing mothers or children under 18 years of age should consult a physician before using this or any dietary supplement. St. John's Wort may contribute to photosensitivity resulting in skin irritation and redness in persons exposed to strong sunlight or tanning booths. Not for use by individuals with a known medical condition including liver disease, bipolar (manic) depression or anyone taking prescription medications including anti-depressants or MAO inhibitors. If you have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

Manufactured For:

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease