

COOPER COMPLETE®

Original With Iron



Physician
Formulated



for Whole
Body Health†

Custom Formulation



Multivitamin & Mineral Supplement

240 Tablets | 30 Servings



Supplement Facts

Serving Size 8 tablets • Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	3,000 IU	60%
Vitamin C (as ascorbic acid)	500 mg	833%
Vitamin D (as cholecalciferol)	2,000 IU	500%
Vitamin E (as d-alpha-tocopheryl succinate)	200 IU	667%
Vitamin K (as phytonadione)	25 mcg	31 %
Thiamin (as thiamine HCl)	3 mg	200%
Riboflavin	10 mg	588%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folic Acid (as [6s]-5-methyltetrahydrofolic acid, glucosamine salt) (Quatrefolic®)	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	400 mcg	6,667%
Biotin (as d-biotin)	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Iron (as carbonyl iron)	18 mg	100%
Phosphorus (as potassium phosphate)	160 mg	16%
Iodine (from kelp)	150 mcg	100%
Magnesium (as magnesium oxide monohydrate)	660 mg	165%
Zinc (as zinc amino acid chelate)	15 mg	100%
Selenium (as selenium amino acid chelate)	100 mcg	143%
Copper (as copper gluconate)	2 mg	100%
Chromium (as chromium amino acid chelate)	100 mcg	83%
Potassium (as potassium phosphate)	400 mg	11%
Coenzyme Q10 (ubiquinone)	100 mg	*
Lycopene (10% lycopene)	10 mg	*
Lutein (as FloraGLO®)	6 mg	*
Zeaxanthin (as OPTISHARP® Natural [Zeaxanthin])	0.4 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid (vegetable source), silicon dioxide, cellulose gum, magnesium stearate (vegetable source), titanium dioxide, glycerin, natural caramel (color), riboflavin (color), carnauba wax, natural vanilla flavor.

Suggested Usage: As a dietary supplement, adults take eight (8) tablets daily (four (4) twice daily with meals) or as directed by your health care professional.

This product contains NO gluten, milk/dairy or added preservatives.



FloraGLO® is a registered trademark of Kemin Industries, Inc.

Quatrefolic® is a licensed registered trademark of Gnosis USA Inc.
OPTISHARP® Natural is a trademark of DSM.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper Resistant—DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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