

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's L-Theanine 200 mg Capsules contain the free-form amino acid L-theanine in its crystalline form, which may improve memory and learning as well as promote an overall sense of relaxation. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.♦

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by
Bluebonnet Nutrition Corporation
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Bluebonnet



**New
Potency**

L-Theanine 200 mg

Free-Form Amino Acid
Dietary Supplement



30 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
L-Theanine (free-form)	200 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable magnesium stearate, vegetable cellulose.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700