#### **Supplement Facts** Serving size 2 capsules Servings Per Container 30 % Daily Value Amount Per Serving Cinnulin PF® 250 mg (Cinnamon bark aqueous extract 20:1) (Cinnamomum Rurmannii) (Nees) (Blume) Proprietary Glucose Support Compound: 250 mg Fenul ife® Fenugreek extract ActiVin® Grape Seed extract Chromium (as Chromax® Chromium Picolinate) Vanadium (as BGOV bis-glycinato oxovanadium) Futurebiotics BioAccelerators™ 23 ma (BioPerine®+, Ginger root extract, Trikatu,

Other Ingredients: Modified Cellulose, Stearic Acid. Vegetable Stearate, Cellulose, Ginger Oil.

Directions: As a dietary supplement, take 2 capsules daily. preferably one capsule 20 minutes before morning and evening meals. Check with your doctor before taking this product and test your blood sugar regularly.

Do not use if you are pregnant or nursing.

Digezyme®+, Lactospore®+)

GlucoActive™ - taking inspiration from Nature. This 100% vegetarian product has an aromatic botanical essence added, along with complementary nutrients ActiVin® Grape seed extract, FenuLife® Fenugreek extract, Chromium and Vanadium. Glass packaging extends natural freshness and helps maintain potency.

Contains absolutely no added yeast, sugar, salt, starch, corn, wheat, gluten, soy, dairy, artificial colors or preservatives.

Keep out of reach of children.

† Registered trademarks of Sabinsa Corp; ActiVin® is a trademark of San Joaquin Valley Concentrates, Inc.: Chromax® is a trademark of Nutrition 21 Inc.: FenuLife® is a trademark of Acatris, Inc.; Cinnulin PF® is a trademark of Integrity Nutraceuticals

actual product size

Manufactured by **Futurebiotics** Hauppauge, NY 11788 www.futurebiotics.com 800-FOR-LIFE (800) 367-5433

100% Satisfaction Guaranteed

# glucoactive"

- ✓ Cinnulin PF® Natural water-extracted cinnamon helps potentiate healthy insulin activity\*
- ✓ ActiVin® Provides improved alucose levels\* from natural procvanidins
- ✔ Proprietary "glucose support" compound with Chromium. that supports alucose management\*

Scientific studies have shown that Cinnulin PF® may improve insulin sensitivity and may reduce the risk factors for diabetes.\* GlucoActive™ is further enhanced with traditional extracts and complementary nutrients in a proprietary natural glucose support compound.

GlucoActive™ contains Cinnulin PF®, a patented and clinically tested Cinnamon extract. Safe and effective, it is an aqueous extract, processed without solvents, that isolates the active Type A Polymers and virtually eliminates unwanted compounds often found in other cinnamon extracts. Type A Polymers are the bioactive compounds shown to be responsible for Cinnamon's insulin potentiating properties. Clinical studies have shown Cinnamon may assist with glucose control and decreases fasting glucose levels when taken consistently.

GlucoActive™ provides a proprietary glucose support compound that further helps improve glucose management safely and naturally. It combines Chromium Picolinate, an essential mineral that plays a role in the normal regulation of insulin action, with ActiVin® Grape Seed extract, which contains natural flavonoids called procvanidins that improve glucose levels. In addition, FenuLife®, a soluble fiber that helps slow the absorption of glucose into the bloodstream, and the mineral Vanadyl Sulfate that has been shown to support healthy glucose levels, have also been included.

GlucoActive™ is potency-enhanced with Futurebiotics BioAccelerators™. Clinically-proven BioPerine®† (piper nigrum extract) improves nutrient bioavailability, while our proprietary natural compound of Ginger extract, Trikatu, super-potent Digezyme®† and Lactospore®† boosts digestion and absorption.



Patients treated with cinnamon for 40 days showed decreases in fasting glucose up to 29%.

Khan A et al. Diabetes Care 26:3215-3218, 2003

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.









# glucoactive cinnulin pf® cinnamon extract

clinically proven nutrients for healthy blood glucose levels\* within the normal range

dietary supplement 60 vegetarian capsules



# glucoactive"

## **Healthy Blood Glucose Action Plan**

Understanding and achieving healthy blood glucose levels through daily physical activity proper nutrition and weight control can contribute to a longer, healthier life. Maintaining healthy blood glucose levels can delay or even prevent development of type 2 diabetes and other unhealthy complications. High blood glucose is characterized by glucose levels higher than normal but not yet high enough to be diagnosed as diabetes. Ethnicity, age, obesity, and heredity are all risk factors for developing high glucose.

## Dietary

- Along with Futurebiotics GlucoActive™ and a comprehensive multi-vitamin, eat a balanced, nutritious diet. Emphasize fruits and vegetables, lean protein, low-fat dairy and whole grains.
- Complex carbohydrates, including low-glycemic fruits and whole grains, help control cravings for refined sugars. Minimize simple carbohydrates that can cause blood sugar levels to spike.

#### Physical Activity

- Healthy weight, stress and energy levels are all interdependent on physical activity. As advised by your health professional, increase your daily aerobic activity.
- Strenath training helps build strong bones and muscles. Adding more muscle burns more calories - even at rest.

## Complementary Therapies

- Maintaining a healthy weight is one of the best strategies for maintaining healthy glucose levels. Losing 5-10% body weight will significantly help.
- Reducing stress will help maintain control of glucose levels. Visualization and deep breathing techniques are simple and effective ways to reduce stress during the day. Try a massage. (See futurebiotics.com)

#### Do's and Don'ts

- Poor blood sugar control is a main cause of diabetic retinopathy. Get regular eve exams.
- Impaired blood glucose can be genetic. Know your family's health history and share it with your health professional.
- Bring your eating habits into balance. Don't overeat and don't skip eating. Eating several small meals throughout the day helps to maintain alucose balance.

## Measure Your Progress

Learn the risk factors and indicators of unhealthy blood glucose levels. Work closely with your health professional to develop a plan, set goals, and get the tests recommended for measuring glucose levels.