



HERBAL HILLS®



Methi

Seed Powder

Trigonella foenum-graecum



1kg मेथी बीज
पावडर

• Methi (Fenugreek) seeds have been used since ancient times in management of Joint Health. It may help reduce symptoms related to stress / pain. Being a good source of dietary fiber, it supports management of blood sugar levels in the normal range.

- May help to detoxify the body.
- Rich in fiber, considered as a mild laxative.
- May support digestion.
- May support uterine health.
- Considered as a galactagogue, helps support weight management.

Dosage : Take 3 gms powder, 1 to 2 times a day or as advised by the physician.

Caution : Pregnant or lactating women are advised to consume herbal products under the advice of the physician.

• These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place away from direct sunlight.
Keep out of reach of children. Do not use if pouch is broken.

Mfg. Lic. No.: PD/AYU/002/10

Batch No. :

Packed Dt. :

Expiry Dt. :



Manufactured & Marketed by :

ISHA AGRO DEVELOPERS PVT. LTD.

(An ISO 22000:2005 Certified Company)

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Ayurvedic Product