

Recommended Use:

As a dietary supplement, one to three (1-3) capsules preferably between meals, or as directed by a physician.

Minerals for Life™ provides a wide range of elements ("minerals") proven essential to human life functions. Its constituents and cofactors support the diverse metabolic pathways that facilitate life, from the survival level up through the most sophisticated organ functions. They activate enzymes that control thousands of metabolic pathways operating simultaneously in all the 100 trillion cells living in the body. They are essential to cell membranes, the dynamic action centers of the living cell. These essential elements become depleted from the body by stress, (emotional or chemical) poor diet, negative lifestyle factors, surgery, or tissue trauma.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

WE USE USP/NF MATERIALS

Formulated by Parris M. Kidd, Ph.D. exclusively for:
AMERICAN BIOLOGICS, Chula Vista, CA 91911



**AMERICAN
BIOLOGICS**

Ultra
Minerals for Life™

Dietary Supplement
Essential Minerals and Synergistic cofactors
Optimized for Bioavailability

90 CAPSULES

Supplement Facts Serving Size: 3 Capsules

Amount per Serving		%DV
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333
Calcium (as microcrystalline hydroxyapatite, citrate-malate)	100 mg	10
Iodine (as potassium iodide)	100 mcg	67
Magnesium (as citrate-malate)	150 mg	37
Zinc (as citrate)	20 mg	133
Selenium (as selenomethionine)	150 mcg	214
Copper (as gluconate)	1.5 mg	75
Manganese (as citrate)	5 mg	250
Chromium (as picolinate)	200 mcg	167
Molybdenum (as sodium molybdate)	150 mcg	200
Potassium (as citrate)	99 mg	3
Sulfur (as taurine)	50 mg	*
Cobalt* (as cyanocobalamin, Vit. B12)	22 mcg	*
Boron† (as citrate)	3 mg	*
Silicon† (as <i>Equisetum arvense</i> whole plant extract)	3.5 mg	*
Taurine	200 mg	*
L-glutamine	200 mg	*

*Daily Value (DV) not established. Percent DV based on a 2000 calorie diet.

†Essential Element, No Daily Value established.

Inactive Ingredients: Magnesium Stearate, Silicon Dioxide, and Microcrystalline Cellulose.

Free of: Yeast, wheat, corn, soy, milk, gluten, rice, sugar, starch, salt, preservatives, and artificial colorings or flavors.

BEST BEFORE:

LOT NO.

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