



Lavan Bhaskar

Churna



1kg लवण भास्कर चूर्ण

 Lavan Bhaskar Churna is a traditional Ayurvedic formulation for maintaining healthy digestive system. Lavan means salt which is its main ingredient, hence people with salt sensivity or those who are advised restrictions on salts have to take care when taking Lavan Bhaskar Churna.

It may help balance the Vata & Kapha in the gastro intestinal tract. Lavan helps to make the food easily digestible by aiding secretion of saliva & gastric juices.

- It may help maintain healthy digestion
- It is considered to be useful in loss of appetite, bloating, flatulence etc.

Composition

Each 100 gms powder contains

Saindhav Namak (Rock Salt) 5%, Vid Namak 5%, Dhaniya (Coriandrum sativum) 5%, Pippali (Piper longum) 5%, Pippali Mool (Piper longum) 5%, Shahi Jeera (Carom carvi) 5%, Tejpatra (Cinnamomum tamala) 5%, Nagkesar (Mesua ferrea) 5%, Talispatra (Taxus Baccata) 5%, Amlavetas (Garcinia pedunculata) 5%, Samudra Lavan (Sea salt) 20%, Sanchar Namak (Black salt) 10%, Kali Miri (Piper nigrum) 2%, Jeera (Cuminum cyminum) 2.5%, Sunthee (Zingiber officinale) 2.5%, Anardana (Punica granatum) 10%, Dalchini (Cinnamomum zeylanicum) 1.5%, Badi Elaichi (Amomum subulatum) 1.5%

Dosage: Take 3 gms churna 1 to 2 times a day. It is traditionally advised to be taken alongwith Butter milk, or as directed by physician.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool dry place away from direct sunlight.

Keep out of reach of children. Do not use if pouch is broken.

Caution: Pregnant or lactating women are advised to consume herbal products under the advice of the physician

Mfg. Lic. No.: PD/AYU/002/10

Batch No. :

Packed Dt.:

Expiry Dt. :



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