

Phosphatidyl Choline

Phosphatidylcholine, a primary component of lecithin.

Suggested Use

As a dietary supplement, 1 to 4 softgels two or three times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

AllergyResearchGroup®

Phosphatidyl Choline



dietary supplement
100 softgels

Supplement Facts

Serving Size	1 Softgel
Servings Per Container	100

Amount Per Serving	% Daily Value
Phosphatidylcholine (soy)	385 mg *

* Daily Value not established.

Other ingredients: Gelatin, glycerin, medium chain triglycerides, polyglycol syrup, water.

Lot # 70527 Exp. 6/12

Formulated exclusively for
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