

swanson.com
or call 1-800-437-4148

- Formulated specifically to support healthy bladder function
- Promotes urinary tract health
- Features soy extract plus pumpkin seed extracts

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take three softgels two times per day for the first two weeks. Thereafter, take two softgels two times per day.

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WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.
Do not use if seal is broken. Store in a cool, dry place.
Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Go-Less®

Bladder Control Formula

Urinary Tract Health

MAXIMUM STRENGTH

DIETARY SUPPLEMENT | 90 SOFTGELS

Supplement Facts

Serving Size 2-3 Softgels
Servings Per Container 30-45

Amount Per Serving	Maintenance	First 2 Weeks
Bladder Control Phytoestrogen Complex:		
Go-Less® Pumpkin Seed Extract, Fat Free	540 mg*	810 mg*
Isoflavone Glycosides (from Go-Less® soy germ extract)	30 mg*	45 mg*

*Daily Value not established.

Other ingredients: Rice bran oil, gelatin, glycerin, maltodextrin, purified water, annatto extract, yellow beeswax, soy lecithin, titanium dioxide.

Contains soy.

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