

*Withania somnifera*

# ASHWAGANDHA

ENERGY & VITALITY\*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

## SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 or 3 times per day. Best taken between meals.

**Caution:** Seek expert medical advice before taking during pregnancy.

**Keep Out of the Reach of Children**

**Store away from heat & light**



## Ashwagandha Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Ashwagandha root

†

(*Withania somnifera*) Ⓢ extract 626 mg Ⓢ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (61-71%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 175 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 4

We prepare our Ashwagandha Extract from the whole root of **certified organically grown** *Withania somnifera* plants.

**HERB PHARM • WILLIAMS, OR 97544**

**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**

Certified organic by Organic Certifiers

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**