

NEW
Improved Formula



Ultimate Man[®]

high potency
multivitamin • multimineral

energy production^v

immune^v

antioxidant^v

180 Tablets • Dietary Supplement

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Tablets
Servings Per Container: 90

	Amount Per Serving	% Daily Value
Vitamin A (as 50% beta carotene and 50% retinyl acetate)	1500 mcg RAE (5000 IU)	170%
Vitamin C (as Active C [®] (as Tri-Scorb [™] Proprietary Blend (as calcium ascorbate, magnesium ascorbate and zinc ascorbate)))	300 mg	330%
Vitamin D3 (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopherol succinate)	25 mg (30 IU)	170%
Vitamin K (as phytonadione)	80 mcg	70%
Thiamine (Vitamin B1)(as thiamine mononitrate)	50 mg	4170%
Riboflavin (Vitamin B2)	50 mg	3850%
Niacin (as niacinamide)	50 mg NE	310%
Vitamin B6 (as pyridoxine HCl)	50 mg	2940%
Folate (400 mcg folic acid)	667 mcg DFE	170%
Vitamin B12 (as cyanocobalamin)	50 mcg	2080%
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	1000%
Choline (as choline bitartrate)	10 mg	2%
Calcium (as calcium carbonate, Active C [®] and dicalcium phosphate)	200 mg	15%
Iodine (as potassium iodide)	150 mcg	100%

	Amount Per Serving	% Daily Value
Magnesium (as magnesium oxide and Active C [®])	25 mg	6%
Zinc (as zinc oxide and Active C [®])	25 mg	230%
Selenium (as selenium amino acid chelate)	200 mcg	360%
Copper (as copper gluconate)	2 mg	220%
Manganese (as manganese sulfate)	2 mg	90%
Chromium (as chromium amino acid chelate)	120 mcg	340%
Molybdenum (as molybdenum amino acid chelate)	75 mcg	170%
Fruit & Veggie Blend	105 mg	*
Citrus Bioflavonoids, carrot root, papaya (fruit), orange (fruit), pineapple (fruit), pumpkin seed, spinach leaf, elderberry (fruit), bilberry (fruit), black currant (seed), cauliflower, saw palmetto, kale, brussels sprouts, broccoli, apple (fruit), kiwi.		
Amino Acid Blend	102 mg	*
L-taurine, L-arginine HCl, L-glutamine, L-methionine, L-carnitine, L-tartrate.		
Alpha Lipoic Acid	50 mg	*
Green Tea Extract (Camellia sinensis)(leaf) std. to 95% polyphenols (47.5 mg) std. to 45% EGCG (22.5 mg)	50 mg	*
Grape Seed Extract (Vitis vinifera)(seed) std. to 95% proanthocyanidins (23.75 mg)	25 mg	*
Pomegranate Extract std. to 40% ellagic acid (10 mg)	25 mg	*
Inositol	10 mg	*
Black Pepper Concentrate	5 mg	*
Silica (as silicon dioxide)	4 mg	*

	Amount Per Serving	% Daily Value
Boron (as boron amino acid complex)	2 mg	*
Lutein	1 mg	*
Lycopene	1 mg	*
Vanadium (as vanadyl sulfate)	1 mg	*
Astaxanthin	50 mcg	*
Zeaxanthin	50 mcg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, aqueous coating, croscarmellose sodium, modified cellulose, natural vanilla flavor, magnesium stearate.

Does not contain: Gluten, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take two (2) tablets daily, preferably with meals.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Active-C[®]
is a registered trademark of
Vitamin Shoppe Industries, Inc.
Tri-Scorb[™] is a trademark of
Vitamin Shoppe Industries, Inc.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF
CHILDREN.

TAMPER EVIDENT.
Do not use if outer seal
is broken or missing.



Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.

Item No. VS-2750

1744689

