Informed-Choice\* is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

PROTEIN CALORIES CARBS FAT SUGAR BCAAS LEUCINE 52g 1280 243g 11g 22g 10.9g 5.2g

**SUPER MASS GAINER IS** NULATED FOR ONE THING: MASSIVE GAINS.

## TAKE THE GUESSWORK

challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

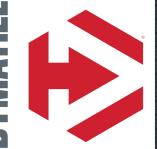
Super Mass Gainer is a powerhouse combination of 10.9 grams of BCAAs with 5.2 grams of Leucine and 1 gram of Creatine Monohydrate, Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

Available in a variety of delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

# **RESEARCH AND**

the latest science and put to the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® (www.informed-choice.org)

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.



Dymatize



NET WT 6 LB (2.7 kg)

SOLD BY WEIGHT NOT VOLUME

calories protein beaas leucine 1280 529 10.99 5.29

**HIGH PROTEIN & CARB BLEND** 

DIETARY SUPPLEMENT

8 SERVINGS BANNED SUBSTANCE TESTED · GLUTEN FREE

FUDGE BROWNIE



### Supplement Facts

Servings Per Container: About 8

	WILL 2402 Water		WIGH SEGE WHOSE SHEE	
	Amount Per Serving	% Doily Value	Amount Per Serving	% Daily Value
Calories	1280		1880	
Calories from Fat	100		380	
Total Fat	11 g	17%*	42 g	65%
Saturated Fat	3 g	15%*		105%*
Cholesterol	135 mg	45%		78%
Total Carbohydrate	243 g	81%*		97%
Dietary Fiber	4 g	16%*	4 g	16%
Sugars	22 g	**	71 g	**
Protein !	52 g	104%*		166%
Vitamin A	3200 IU	64%		94%
Vitamin ¢	52 mg	87%		87%
Vitamin É	21 IU	70%		70%
Thiamin	0.6 mg	40%		67%
Riboflavin	0.2 mg	12%		100%
Niacin	15 mg	75%		75%
Vitamin B6	1.5 mg	75%		90%
Folate	340 mcg			95%
Vitamin B12	1.8 mcg	30%		
Pantothenic Acid	8 mg	80%		110%
Calcium	1093 mg			
Iron	4.5 mg	25%		27%
Phosphorus	750 mg	75%		
lodine	150 mcg			
Magnesium	129 mg	32%		51%
Sodium	560 mg	23%		41%
Potassium	1090 mg	31%	2290 mg	65%
Creatine Monohydrate	1 g	**		

Daily Value not established. OTHER INGREDIENTS: MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEINI, SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE MONO & DIGI YCERIDES NATURAL TOCOPHEROLS AND TRICAL CLUM PHOSPHATE). COCOA POWDER (PROCESSED WITH ALKALII, NATURAL AND ARTIFICIAL FLAVORS, FRUCTOSE, VITAMIN & MINERAL BLEND (TRICAL CIUM PHOSPHATE ICAL CIUM). SODIUM ASCORBATE IVITAMIN CL. D-ALPHA TOCOPHERYL ACETATE IVITAMIN EL NIACINAMIDE IVITAMIN B31, RETINOL PALMITATE IVITAMIN AI, CALCIUM-D-PANTOTHENATE IVITAMIN B51. POTASSIUM IODIDE (IODINE), FOLIC ACID (VITAMIN B9), MAI TODEXTRIN, PYRIDOXINE HYDROCHI ORIDE IVITAMIN RE THIAMINE HYDROCHLORIDE IVITAMIN B11. BIBOFLAVIN IVITAMIN B21. CYANOCOBALAMIN IVITAMIN B121). GUM BLEND (CELLULOSE GUM. XANTHAN GUM, CARRAGEENANI, POTASSIUM CHLORIDE, SALT, SOY LECITHIN, ACESULFAME POTASSIUM, SUCRALOSE, SUNFLOWER

CONTAINS MILK & SOY

LECITHIN

Dymatize Enterprises, LLC Dallas, TX 75207 USA (888) 334-5326

DIRECTIONS: Add 2 1/2 cups of Super Mass Gainer to 24-32 oz. of water or 32 oz. of whole milk, Blend for 30-45 seconds, Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds Note: Using milk will provide a thicker.

creamier, higher-calorie shake. Shaker-cup friendly when using 1/2 serving or less. Shake for 30-45 seconds

Are calories essential to gaining muscle? Yes! Especially for those with high metabolisms or who find it difficult

your hard-earned muscle gains from being used as fuel during periods of heavy training.

| 52 a PROTEII

Advanced Protein Blend.

and it should go without saving that consuming quality protein

high-quality slow and fast-digesting proteins to feed your muscles quickly.

10.9 q BCAAs

Why Leucine?

MADE IN THE USA
FROM DOMESTIC AND
INTERNATIONAL INGREDIENTS

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

CONSULT WITH A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS, DO NOT USE IF PREGNANT OR LACTATING, USE ONLY AS DIRECTED

KEEP OUT OF REACH OF CHILDREN.

**DYMATIZE CON** 

Notice: Use this product as a food supplement only Do not use for weight reduction.