

## Supplement Facts

Serving size: 2 Capsules

Servings per container: 90

Amount per Serving		% Daily Value
Thiamine B1 (as thiamine HCL)	50 mg	3333
Riboflavin B2	50 mg	2941
Niacin B3 (as niacinamide)	100 mg	500
Vitamin B6 (as pyridoxine HCL)	100 mg	5000
Vitamin B6 (as pyridoxal 5'- phosphate)	5 mg	250
Folate (as methyl folate)	300 mcg	75
Vitamin B12 (as methylcobalamin)	500 mcg	8333
Biotin	1000 mcg	333
Pantothenic Acid (as d-calcium pantothenate)	250 mg	2500
PABA (as para-aminobenzoic acid)	100 mg	*
Inositol	100 mg	*

\*Daily Value (DV) not established.

**Other Ingredients:** hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide, microcrystalline cellulose

**Free of:** gluten, yeast, wheat, corn, soy, dairy, sugar, starch, artificial coloring or flavoring

**LOT NO.**

If no number on label, please see bottom of bottle.

Label Rev. 11/16



*Updated*

# AMERICAN BIOLOGICS Super B Caps

Dietary Supplement

Hypoallergenic

180 VEGETARIAN CAPSULES

Net Wt. 3.7 oz. (106 g)

**Recommended Use:** As an adult dietary supplement, take 2 capsules daily with meals, or as directed by a healthcare practitioner.

Pregnant or nursing mothers should consult a physician before using any dietary supplements. Keep out of the reach of children. Store in a cool dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in the USA for:

**AMERICAN BIOLOGICS**

1180 Walnut Ave., Chula Vista, CA 91911

