Directions: Take two tablets once daily with food. Tablets should be chewed before swallowing. No water necessary.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving		%DV
Magnesium (as DiMagnesium Malate) (Albion®)‡	250 mg	60%

Other Ingredients: Xylitol, Maltodextrin, Stearic Acid, Silicon Dioxide, Malic Acid, Gum Arabic, Magnesium Stearate, Citric Acid, Soy Polysaccharides, Cellulose Gum, Natural Flavor, Crospovidone.

Contains: Wheat and Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

‡ Albion® and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc.

Manufactured by NATROL LLC
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

The Many Benefits of Natrol® High Absorption Magnesium

- Increases absorption with **AbsorbSmart**™ technology†
- Promotes cardiovascular health†
- Helps support the nervous system†
- Promotes muscle relaxation†
- Helps support bone health†
- Chewable form–take anytime, anywhere; no water needed

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LOT/EXP:

NATROL®

NEW LOOK!

High Absorption Magnesium

MINERAL SUPPORT

Helps Support Heart, Nerve, Muscle & Bone Health†

Promotes Muscle Relaxation†

Greater Absorption with **AbsorbSmart**™ Technology†

CHEWABLE

CRANBERRY APPLE NATURAL FLAVOR

250mg

VEGETARIAN

60 TABLETS DIETARY SUPPLEMENT

Why Magnesium Matters

Magnesium is an essential mineral that is critical for the proper functioning of the body's systems, organs and tissues.†

Absorption is Critical

Most forms of magnesium are not easily absorbed by the body. Natrol® High Absorption Magnesium utilizes **AbsorbSmart**™ technology to help increase your digestives system's absorption of magnesium, a key mineral your body needs.†