

NEW
Improved Formula



Ultimate Woman[®]

high potency
multivitamin • multimineral

immune^v

antioxidant^v

energy production^v

180 Tablets • Dietary Supplement

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Tablets
Servings Per Container: 90

	Amount Per Serving	% Daily Value
Vitamin A (as 50% retinyl acetate and 50% beta carotene)	1500 mcg RAE (5000 IU)	170%
Vitamin C (as Active C [®] (as Tri-Scorb [™] Proprietary Blend (as calcium ascorbate, magnesium ascorbate and zinc ascorbate)))	200 mg	220%
Vitamin D3 (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl succinate)	25 mg (30 IU)	170%
Vitamin K (as phytonadione)	80 mcg	70%
Thiamin (Vitamin B1) (as thiamin mononitrate)	80 mg	6670%
Riboflavin (Vitamin B2)	80 mg	6155%
Niacin (as niacinamide)	35 mg NE	220%
Vitamin B6 (as pyridoxine HCl)	80 mg	4710%
Folate	1333 mcg DFE (800 mcg folic acid)	335%
Vitamin B12 (as cyanocobalamin)	50 mcg	2085%
Biotin (as d-biotin)	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	80 mg	1600%
Choline (as choline bitartrate)	10 mg	2%
Calcium (as calcium carbonate and Active C [®])	500 mg	40%
Iron (as ferrous fumarate)	27 mg	150%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide and Active C [®])	250 mg	60%
Zinc (as zinc oxide and Active C [®])	25 mg	230%

	Amount Per Serving	% Daily Value
Selenium (as amino acid chelate)	200 mcg	365%
Copper (as copper gluconate)	2 mg	220%
Manganese (as manganese sulfate)	2 mg	90%
Chromium (as chromium amino acid chelate)	120 mcg	340%
Molybdenum (as molybdenum amino acid chelate)	75 mcg	170%
Boron (as boron amino acid chelate)	2 mg	*
Silica (as silicon dioxide)	4 mg	*
Vanadium (as vanadyl sulfate)	1 mg	*
Fruit & Veggie Blend	105 mg	*
Citrus Bioflavonoids, Carrot Powder, Papaya Powder (fruit), Orange Powder (fruit), Pineapple Powder (fruit), Spinach Powder (leaf), Elderberry Powder (fruit), Bilberry Powder (fruit), Black Currant Powder (fruit), Cauliflower Powder (head), Kale Powder (leaf), Brussels Sprouts Powder (head), Broccoli Powder (whole plant), Apple Powder (fruit), Kiwi Powder (fruit).		
Alpha Lipoic Acid	50 mg	*
Green Tea Extract (<i>Camellia sinensis</i>)(leaf) std. to 95% Polyphenols (47.5 mg) and 40% EGCG (20 mg)	50 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)(seed) std. to 95% Proanthocyanidins (23.8 mg)	25 mg	*
Pomegranate (husk) std. to 40% Ellagic Acid (10 mg)	25 mg	*
Black Pepper Concentrate	5 mg	*
Cranberry Concentrate (fruit)	25 mg	*
Inositol	10 mg	*
Lutein	1 mg	*
Lycopene	1 mg	*
Astaxanthin	50 mcg	*
Zeaxanthin	50 mcg	*

* Percent Daily Value not established.

Other ingredients:

Microcrystalline cellulose,
croscarmellose sodium, stearic
acid, aqueous coating, magnesium
stearate, modified cellulose,
natural vanilla flavor.

Does not contain: Gluten, Salt,
Preservatives, Artificial Colors
or Flavors.

DIRECTIONS: Take two (2) tablets
daily, preferably with meals.

WARNING: Consult your healthcare
provider prior to use if you are
pregnant, nursing, taking any
medication, or have any medical
conditions.

WARNING: Accidental overdose
of iron-containing products is a
leading cause of fatal poisoning in
children under 6. Keep this
product out of reach of children.
In case of accidental overdose,
call a doctor or poison control
center immediately.

▼ These statements have
not been evaluated by
the Food and Drug
Administration. This
product is not intended
to diagnose, treat, cure
or prevent any disease.

STORE IN A COOL,
DRY PLACE.
KEEP OUT OF REACH
OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal
is broken or missing.

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