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No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Our specialized vegetarian formula is an excellent choice for those desiring nutritional support for cartilage and joints.\* Glucosamine helps play a role in the complex connective tissue matrix that is responsible for cushioning joints and bones, which promotes mobility and range of motion.\*

TO REORDER PROD. #79111  
[www.vitaminworld.com](http://www.vitaminworld.com)  
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# Vegetarian Joint Complex

Lubricates Joints to  
Promote Comfort &  
Flexibility\*

Vegetarian  
Dietary Supplement

90 TABLETS

**DIRECTIONS:** For adults, take three (3) tablets daily, preferably with a meal.

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving		%Daily Value
Calories	10	
Total Carbohydrate	2 g	1%**
Vitamin C (as Calcium Ascorbate)	100 mg	167%
Manganese (as Manganese Glycinate)	5 mg	250%
Sodium	5 mg	<1%
Glucosamine HCl	1,500 mg (1.5 g)	***
MSM (Methylsulfonylmethane)	1,000 mg (1 g)	***
Ginger Root Extract ( <i>Zingiber officinale</i> ) (a 4:1 extract, equivalent to 432 mg of Ginger)	108 mg	***
White Willow Extract ( <i>Salix alba</i> ) (bark) (a 5:1 extract, equivalent to 500 mg of White Willow)	100 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.