

Directions: Take 2 capsules, two times daily, with a meal.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving		%DV
Total Carbohydrate	1 g	<1%*
Calcium	33 mg	2%
Chromium (from Foodbound® Chromium)	30 mcg	90%
Sodium	15 mg	<1%
Phase 2 Carb Controller® Complex (White Kidney Bean Extract (Phaseolus vulgaris), Foodbound® Chromium)	750 mg	**
Green Tea Extract (Camellia sinensis) (leaf)	270 mg	**
EGCG (Epigallocatechin Gallate)	135 mg	**
Caffeine	75 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Hydroxypropylcellulose, Microcrystalline Cellulose, Dicalcium Phosphate, Silicon Dioxide, Gum Arabic, Magnesium Stearate, Maltodextrin.

Contains: Milk, Soy

NO: Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Artificial Colors, Added Sugar or Preservatives

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. Each serving contains as much caffeine as about 1 cup of coffee. Limit the use of caffeine-containing medication, foods or beverages while taking this product. Too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. This product is not intended/recommended for children and those sensitive to caffeine.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC, Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-6765) • www.aatrol.com



Control It!

Carb Intercept® 3 with Phase 2®, a patented and clinically tested all-natural white kidney bean extract shown to help control carbs by reducing the enzymatic digestion of dietary starches. This is the first carbohydrate "blocker" that's clinically proven to delay the digestion of carbs, which reduces the caloric impact of starchy foods.†



Burn It!

Carb Intercept® 3, includes Green Tea and Caffeine which may help rev up metabolism and calorie-burning. Includes the antioxidant Green Tea extract to help neutralize free radicals produced by regular exercise, and Caffeine to promote energy and mental alertness.†



Energize It!

Chromium

Carb Intercept® 3 also contains Chromium, which helps metabolize:†

- Fats†
- Carbohydrates†
- Proteins†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NATROL® NEW LOOK!

Carb Intercept® 3

with *Phase 2*

WEIGHT MANAGEMENT

Helps Control Carbs†

Helps Metabolize Fat & Protein for Energy†

Clinically Tested
White Kidney Bean
Extract†



WHITE KIDNEY BEAN
(extract)



VEGETARIAN

60 VEGGIE CAPSULES DIETARY SUPPLEMENT



Clinically Tested:

Studies showed Phase 2® White Kidney Bean Carb Intercept® 10.††

- Helps reduce the digestion and absorption of carbohydrates by up to 66%†
- Promotes healthy body weight†
- Reduces the enzymatic digestion of dietary starches†

Studies Recommend:

- Up to 3,000mg of Phase 2 Carb Controller® daily
- 2,000 kcal/day Diet and at least 30 minutes of exercise, 5 days per week

Optimum results occurred between 8–12 weeks

†For detailed clinical studies, visit: www.phase2info.com



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