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**SUGGESTED USE**  
SHAKE WELL BEFORE USING  
Add 1 full squeeze of the dropper bulb  
to 2 oz. of water or juice, 2 to 4 times  
per day. Best taken between meals.  
**Caution:** Seek expert medical advice  
before taking during pregnancy.  
Keep Out of the Reach of Children  
Store away from heat & light

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*Caulophyllum thalictroides*

# BLUE COHOSH

OPTIMAL WELL-BEING \*



HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

## Blue Cohosh Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

| Amount Per Serving | % DV |
|--------------------|------|
|--------------------|------|

|                                                                                              |   |
|----------------------------------------------------------------------------------------------|---|
| Blue Cohosh rhizome with rootlet<br>( <i>Caulophyllum thalictroides</i> ) © extract 624 mg © | † |
|----------------------------------------------------------------------------------------------|---|

† Daily Value (DV) not established

Other Ingredients: certified organic cane  
alcohol (66-76%) & distilled water. Gluten-Free

© Certified Organic

© Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

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Certified organic by Organic Certifiers

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT  
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.