

Directions: Take 1 tablet, one or two times daily, with food.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 50

Amount Per Serving		%DV*
Vitamin B-6	10 mg	500%
(as Pyridoxine Hydrochloride)		
Folate	100 mcg (DFF)	80%
(200 mcg Folic Acid)		
Vitamin B-12	50 mcg	2,080%
(Cyanocobalamin)		
5-HTP (5-Hydroxytryptophan)	50 mg	*
(from <i>Griffonia simplicifolia</i> seed)		
Suntheanine® L-Theanine	50 mg	*

*Daily Value (DV) not established.

Other Ingredients: (None) Calcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Hypromellose, Silicon Dioxide, Magnesium Stearate, Cellulose Gum, Methylcellulose, Glycerin.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use without the supervision of a healthcare professional. Do not use if you are pregnant, lactating or under the age of 18 years.

Suntheanine® is a registered trademark of Taiyo International, Inc.

Manufactured by NATROL, LLC
Chatsworth, CA 91311, USA
1-800-3-NATROL (308-262-6765)
www.natrol.com

Natrol® Mood Positive® 5-HTP

Includes a combination of two naturally occurring amino acids, 5-HTP and L-Theanine, that promote a calm and relaxed mood. To combat the effects of stress and anxiety on the body, Natrol® Mood Positive® 5-HTP also includes Vitamin B-12 and Folic Acid.[†]

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L1740P

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NATROL® NATROL
LABORATORY

Mood Positive® 5-HTP

MOOD & STRESS

Promotes a More
Positive Mood[†]

Helps Reduce Occasional
Stress & Anxiety[†]

100% Drug-Free



50 TABLETS DIETARY SUPPLEMENT

Natrol® Mood Positive® 5-HTP Key Nutrients



5-HTP — Participates in the body's synthesis of Serotonin[†]



L-Theanine — Promotes the brain's alpha waves to support a deep state of relaxation without drowsiness[†]



Vitamin B-12 & Folic Acid — Combat the effects of daily stress[†]



5-HTP and L-Theanine are 100% drug-free and non-habit-forming.