

swanson.com
or call 1-800-437-4148

- Delivers 300 mg of EPA and 200 mg of DHA per softgel
- Supports cardiovascular health and blood sugar metabolism

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with food and water. Solvent free.

ecOmega® is a registered trademark of Marine Nutriceutical Corp., based on proprietary processing techniques. ecOmega® is exclusively licensed to Swanson Health Products.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, especially blood-thinning medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Super EPA

Heart and Brain Health

ecOmega® FISH OIL

DIETARY SUPPLEMENT | 100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories	10
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Total Fat	1 g	1%
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ecOmega® 30/20 Fish Oil Concentrate	1 g	*
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Total Omega-3 Fatty Acids	550 mg	*
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EPA (eicosapentaenoic acid) as ethyl esters (EE)	300 mg	*
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DHA (docosahexaenoic acid) as ethyl esters (EE)	200 mg	*
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Other Omega-3 Fatty Acids as ethyl esters (EE)	50 mg	*
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Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, natural tocopherols.

Contains fish (anchovy, sardine, mackerel) and soy.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

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