

swanson.com
or call 1-800-437-4148

- Promotes hormone balance
- High-concentration source of gamma linolenic acid (GLA)
- Maintains skin health
- Supports joint mobility and comfort

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel one to two times per day with food and water.

Solvent free.

OmegaTru® is a registered trademark of Swanson Health Products.

WARNING: For adults only. Do not take this product if you are pregnant or nursing. Consult your physician before using this or any product if you are taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ΩMEGATRU®

Evening Primrose Oil

Menopause Support

104 mg OF GAMMA LINOLENIC ACID (GLA)

DIETARY SUPPLEMENT | 100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories	15
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Total Fat	1.5 g	2%
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Evening Primrose Oil	1.3 g	*
(typically providing 8–10% gamma-linolenic acid—GLA)		

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148
MADE IN CANADA

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