

Doctor's Best combination of CoQ10, L-Carnitine, and buffered chelated Magnesium is a unique blend of nutrients that supports energy, muscle mass and muscle recovery.\* This convenient combination is designed to help support your high intensity workouts and optimize physical performance.\*

Helps support energy\*

Helps support muscle mass\*

Helps support muscle recovery\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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YDRB477



Dietary Supplement

Doctor's  
**BEST**

Science-Based  
Nutrition™

# CoQ10 L-Carnitine Magnesium

HELPS SUPPORT ENERGY,  
MUSCLE MASS AND  
MUSCLE RECOVERY\*

90 Veggie Caps



## Supplement Facts

Serving Size 3 Veggie Capsules  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (from 1,112 mg magnesium bisglycinate chelate buffered)	200 mg	50%
L-Carnitine Fumarate (yielding 500 mg L-Carnitine)	855 mg	†
Coenzyme Q10 (Ubiquinone)	200 mg	†

† Daily Values not established.

**Other Ingredients:** Modified cellulose (vegetarian capsule), microcrystalline cellulose, silicon dioxide, magnesium stearate (vegetable source).

**Suggested Adult Use:** Take 3 capsules daily with food, or as recommended by a nutritionally-informed physician.

**USP Verified, Naturally Fermented CoQ10**

**Non-GMO / Gluten Free / Soy Free / Vegan**

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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