



SWANSON[®]

BEST WEIGHT-CONTROL FORMULAS

Tonalin[®] CLA

Dietary Supplement

The healthy edge your body needs!

90 softgels • 1,000 mg

• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel two to three times per day with water before meals. Do not combine with chitosan-based weight-loss products.

WARNING: Not intended for use by anyone under the age 18. Do not take this product if you are pregnant or nursing. Consult your physician before using this or any product if you are taking medication or have a medical condition. Keep out of reach of children.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories	10
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Total Fat	1 g	1%
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Tonalin [®] Proprietary Fatty Acid Blend (from safflower oil) [containing minimum 78% conjugated linoleic acid (CLA)]	1 g	*
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Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Gelatin, glycerin, caramel, purified water.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS** • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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