

swanson.com
or call 1-800-437-4148

- Minimizes the impact of both dietary carbohydrates and fat
- Features chitosan and Phase 2 starch blocker
- Supports a healthy body weight

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules with water before each meal. Medications and fat soluble vitamins (A, D, E and K) should be taken at least 4 hours before or after ingestion to ensure absorption.

Phase 2 Carb Controller® is used with permission under license.

LipoSan ULTRA® is a registered trademark of Primex ehf.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Diet Duo

Weight Management

FEATURES CHITOSAN AND WHITE KIDNEY BEAN

DIETARY SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving

Phase 2 Carb Controller®	1 g*
(Phaseolus vulgaris L.) (white kidney bean—dried bean fraction)	
LipoSan ULTRA® Chitosan	500 mg*
(from shellfish)	

*Daily Value not established.

Other ingredients: Gelatin, gum arabic, rice flour, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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