

Doctor's Best Collagen Types 1 and 3 contains pure collagen protein from Peptan®, which contributes to the growth and maintenance of healthy tissues.* Collagen is the structural protein essential for the strength and flexibility of bones, joints, tendons, ligaments, hair, skin, nails, and other tissues throughout the body.*

Vitamin C is added to the formula as an important nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin and nails*

Helps support the strength and flexibility of bones, joints, tendons and ligaments*

Provides improved bioavailability due to the low molecular weight of component peptides*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Peptan® is a registered trademark of Rousselot.



YDRB358-2

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Collagen Types 1 and 3 with Peptan®



**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, LIGAMENTS, AND BONES***

**Dietary
Supplement**

1000 mg • 540 Tablets

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 180

	Amount Per Serving	% Daily Value
Calories	11	
Protein (as hydrolyzed collagen Types 1 and 3)	3 g	5%**
Vitamin C (as calcium ascorbate)	30 mg	35%
Hydrolyzed Collagen Types 1 and 3 (Bovine)	3 g (3000 mg) †	

**Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate (vegetable source), hypromellose (coating).

Suggested Adult Use: Take 3 tablets twice daily on an empty stomach at least 30 minutes before meals, or as recommended by a nutritionally-informed physician. To ensure optimal collagen absorption, avoid taking additional protein supplements within one hour of consumption.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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