

### Suggested Use

Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

### The Gaia Difference

- Liquid potency, easy absorption  
Alcohol-free Liquid Phyto-Caps®  
U.S. Patent No. 6,238,696 B1
- 100% vegan and gluten-free  
Plant-derived capsule
- Laboratory-tested for purity  
Free of heavy metal toxicity

gaia  
HERBS

### DailyWellness

## Liver Health

Daily support for a healthy liver\*

meet your herbs®  
Enter ID # at GaiaHerbs.com

VEGAN LIQUID PHYTO-CAPS®  
DIETARY SUPPLEMENT

Need Daily  
Liver  
Support?\*

BEST BY

Enter ID# at GaiaHerbs.com

### Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 60

| Amount Per Serving                                                                                                                                      |         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Calories                                                                                                                                                | 5       |
| Milk Thistle seed extract †                                                                                                                             | 57 mg†  |
| (Silybum marianum)                                                                                                                                      |         |
| Proprietary Extract Blend                                                                                                                               | 375 mg† |
| Turmeric root ▲ (Curcuma longa),<br>Schisandra berry ▲ (Schisandra chinensis),<br>Chinese Skullcap root ▲ (Scutellaria baicalensis),<br>Licorice root ▲ |         |

†Daily Value not established

Other ingredients: Vegetable glycerin, lecithin (non-GMO), water and capsule (chlorophyll vegetable cellulose)

▲ = Organic ingredient ◆ = Ecologically harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 3,850 mg dry herb equivalent.



00081 947-0617

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[008] 947-0617



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



### DailyWellness

Longevity and vitality come naturally when your body is in a state of harmony. Gaia Herbs DailyWellness products promote optimal wellness by giving you the daily support you need.\*

### Liver Health

Proper liver function is essential to overall health. The liver is responsible for the synthesis, metabolism and catabolism (breakdown) of hormones and aids in the absorption of vitamins. It also efficiently eliminates environmental toxins. With daily use, *Liver Health* delivers herbal antioxidant sources and supports healthy levels of inflammation to maintain a healthy liver.\*

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U.S. Patent No. 6,238,696 B1
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Easily digestible plant-derived capsule
- Laboratory-tested for purity  
Free of heavy metal toxicity

gaia  
HERBS

### DailyWellness

## Liver Health

Daily support for a healthy liver\*

Milk Thistle seed extract  
Promotes healthy liver function\*

Natural antioxidant source\*  
Turmeric root extract

meet your herbs®  
SEE BACK OF BOX TO LEARN HOW

VEGAN LIQUID PHYTO-CAPS®  
DIETARY SUPPLEMENT

Need  
Daily  
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Support?\*

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meet your herbs®

Meet Your Herbs® is the world's first traceability program for herbal supplements. Ensure the safety and efficacy of this product while tracking the seed-to-shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

**PURITY:** Trace the origin of each herbal ingredient — where and how it was grown.

**INTEGRITY:** View the Certificate of Compliance and test results for this product.

**POTENCY:** See validation of each herb's full phytochemical complex.

Obtain the proof of the safety  
and efficacy of your product now!

Gaia Herbs cultivates health and well-being by stewarding sustainable relationships between plants and people.

Gaia Farm, North Carolina