



Her Vitamins

Vitamin/Mineral Supplement

60 Vegan Tablets



Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 30

	Amount	% Daily Value
Vitamin A (100% as Beta-Catotene)	6,667 IU	133%
Vitamin C (from Calcium Ascorbate and as Ascorbyl Palmitate)	200 mg	333%
Vitamin D (as Ergocalciferol)	667 IU	167%
Vitamin E (as d-alpha Tocopheryl Succinate)	133 IU	443%
Vitamin K (as Menaquinone K2 and Phytonadione K1)	53 mcg	66%
Thiamin (Vitamin B-1)(from Thiamin HCl)	17 mg	1,133%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (Vitamin B-3)(as Niacinamide)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate)	17 mg	850%
Folate (as Folic Acid)	533 mcg	133%
Vitamin B-12 (as Methycobalamin)	133 mcg	2,217%
Biotin	200 mcg	67%
Pantothenic Acid (from Calcium Pantothenate)	33 mg	330%
Calcium (from Calcium Carbonate and Calcium Ascorbate)	167 mg	17%
Iron (from Ferrochel® Iron Bisglycinate)(TRAACS®)	12 mg	67%
Iodine (from Potassium Iodine)	100 mcg	67%
Magnesium (from Magnesium Citrate and Aquamin® TG Seaweed Derived Minerals)	67 mg	17%
Zinc (from Zinc Bisglycinate)(TRAACS®)	10 mg	67%
Selenium (from L-Selenomethionone)	133 mcg	190%

Copper (from Copper Bisglycinate)(TRAACS®)	667 mcg	33%
Manganese (from Manganese Bisglycinate)(TRAACS®)	1,333 mcg	65%
Chromium (from Chromium Picolinate)	80 mcg	67%
Molybdenum (from Sodium Molybdate)	50 mcg	67%
Potassium (from Potassium Chloride)	17 mg	<1*
Cranberry (fruit)	67 mg	†
Pomegranate Extract (fruit)	33 mg	†
Organic Acai (fruit skin and pulp)	33 mg	†
Mangosteen Extract (fruit peel)	33 mg	†
CoQ10 (Coenzyme Q10)	20 mg	†
Alpha Lipoic Acid	20 mg	†
Choline (from Choline Bitartrate)	17 mg	†
Inositol	17 mg	†
Aloe Vera (leaf) Concentrate	17 mg	†
Lycopene (from natural tomato extract)	333 mcg	†
Lutein (from marigold flowers extract)	333 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian coating [hypromellose (cellulose), calcium carbonate, xylitol, mct oil (medium-chain triglycerides), spirulina extract, riboflavin], silicon dioxide, stearic acid (vegetable source), croscarmellose sodium.

Manufactured for: New Sun, Inc., Hendersonville, NC 28792

Allergen Information: Contains soy (Vitamin E from non-GMO soy). MCT oil from coconut / palm kernel oil.

Recommendation: As a dietary supplement, take two tablets each day preferably with meals.

Do not use if safety seal is broken or missing. Keep out of reach of children. Store in a cool, dry, place. Natural color variations may occur in this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant, nursing, taking any medications or experiencing health issues, consult your doctor before use.

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