

Doctor's Best Fully Active Folate 400 with Quatrefolic® contains Quatrefolic®, the glucosamine salt of (6S)-5-methyltetrahydrofolate, the most bioavailable form of folate, that provides greater stability and water solubility.*

Our bodies cannot synthesize folate and due to its water-soluble nature, the body stores folate to a limited extent. Folic acid, and food folate, needs to be converted to its metabolically active form to be utilized by the body. Quatrefolic® is the metabolically active folate, making it more efficient than folic acid for maximized benefits!*

Folate is an essential vitamin to support DNA, proper cell division, cardiovascular, mental and emotional well-being.* Vitamin C is included for added stability.*

Helps support cardiovascular, mental and emotional well-being*

Quatrefolic® is the most bioavailable form of folate*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Fully Active
Folate 400**

with



Quatrefolic®

**HELPS SUPPORT HEALTHY MENTAL
AND EMOTIONAL WELL-BEING***



**Dietary
Supplement**

400mcg • 90 Veggie Caps

Supplement Facts

Serving Size 1 Veggie Capsule

Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	40 mg	45%
Folate (from Quatrefolic®, (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	400 mcg DFE**	100%

** DFE = Dietary Folate Equivalent

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily preferably between meals, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

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