

Directions: Take 1 tablet, up to two times daily, with food. Do not exceed recommended dose.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

| Amount Per Serving | | %DV |
|---|---------|------|
| Vitamin B6 (as Pyridoxine HCl) | 1.7 mg | 100% |
| Vitamin B12 (as Cyanocobalamin) | 2.4 mcg | 100% |
| Calcium (from Dibasic Calcium Phosphate) | 31 mg | 2% |
| Magnesium (from Magnesium Oxide) | 5mg | <2% |
| 5-HTP (5-Hydroxytryptophan) [from <i>Griffonia simplicifolia</i> (seed)] | 100 mg | * |
| Inositol | 500 mcg | * |

*Daily Value (DV) not established

Other Ingredients: Methylcellulose, Microcrystalline Cellulose, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Glycerin, Acacia Gum.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

Natrol® Daily Stress Relief supports healthy serotonin levels for a calm and relaxed mood throughout the day.†

- Drug free
- Non-habit forming
- Time release formula
- Vegetarian
- No artificial flavors, colors or preservatives

**TODAY IS A
GOOD DAY
TO HAVE A
GOOD DAY.**



NEW!

NATROL®

Daily Stress Relief

MOOD SUPPORT

Promotes a Calm & Relaxed
Mood Throughout the Day†

100% Drug Free

Non-Habit Forming

TIME
RELEASE



30 TABLETS

DIETARY SUPPLEMENT

Natrol® Daily Stress Relief is a natural and drug-free way to help restore a sense of calm and balance. It is scientifically formulated with a blend of nutrients that help regulate and support serotonin, a chemical in the body responsible for enhancing mood.† The calming formula releases over time, helping you to have a more positive and balanced outlook throughout the day.†

Natrol Daily Stress Relief is

- Drug free
- Non-habit forming

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.