



**HERBAL HILLS®**



# Ashwagandha Powder

*Withania somnifera*



**1kg**

अश्वगंधा पावडर

• Ashwagandha is a traditional herb and is used since ancient times for a variety of conditions. It is considered to possess strong anti-oxidant properties. It may help nourish the nervous and immune system by normalizing energy levels and immune functions.

- Ashwagandha root may help stimulate the immune system.
- Ashwagandha is considered to promote hormonal balance.
- May support calm nervous system.

**Dosage:** Take 3 gms powder, 1 to 2 times a day or as advised by the physician.

**Caution:** Pregnant or lactating women are advised to consume herbal products under the advice of the physician.

• These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Store in a cool dry place away from direct sunlight.  
Keep out of reach of children. Do not use if pouch is broken.**

Mfg. Lic. No.: PD/AYU/002/10

Batch No. :

Packed Dt. :

Expiry Dt. :



Manufactured & Marketed by :  
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**Ayurvedic Product**