Flora's Flderherry Crystals provide a hurst of antioxidants and immune support when seasonal issues strike.\* Flora's organic Elderberry Crystals can be taken daily to help maintain a healthy immune system or at the first sign of seasonal symptoms.\*



Enjoy the delicious, natural flavor of elderberries mixed in your favorite juice, smoothie, or beverage,

#### www.florahealth.com



Certified Organic

**Elderberry Crystals** 

Gluten-Free + Vegan



Sunnlement Facts Serving Size 4 heaping scoops (5 g)

Calories Total Supprs Daily Value not established.

Other Ingredients: None DISTRIBUTED BY-FLORA INC. 805 F. RADGER RD. LYNDEN, WA 98264 1.800.446.2110 Country of Origin: USA Certified Organic by QAI 62802-803 Suggested use: Adults: Dissolve 5 a (4 heaping scoops) crystals in water or other heverages. Take once daily

Keen in dark places without direct sunlight. Store at room temperature. Security sealed for your protection. Do not use if seal is mission or damaged. Consult a health care practitioner prior to use if you are pregnant or breastfeeding Discontinue use in case of pastrointestinal uncets such as abdominal cramps nausea vomiting diarrhea Hypersensitivity (e.g. allergy) can occur, in which case discontinue use

## FLORA

### STAV HEALTHY

Flora's Elderberry Crystals provide a burst of antioxidants and immune support when seasonal issues strike.\* Flora's organic Elderberry Crystals can be taken daily to help maintain a healthy immune system or at the first sign of seasonal symptoms.\*



Enjoy the delicious natural flavor of elderberries mixed in your favorite juice. smoothie, or beverage.

### Flder-Power Smoothie

2 tbsp. Flax Oil or your favorite omega oil

- 4 tbsp. organic Greek Yogurt
- 3 g Acerola Powder 5 g Elderberry Crystals
- 1 c. frozen blueberries or raspberries
- 1 small banana
- 1 c. almond or coconut milk





**Certified Organic Elderberry Crystals** 

BEST BEFORE:



# FLORA

Certified Organic

# **Elderberry Crystals**

**Provides Antioxidant** & Immune Support\*

> Convenient & **Great Tasting**





Gluten-Free + Vegan DIFTARY SUPPLEMENT NET WT. 4.4 OZ. (125 a)

#### www.florahealth.com



<1%\*

Calories 15 Total Carbohydrate Total Sugars powder (Sambucus nigra) 5 g Daily Value not established Percent Daily Value based on a 2 000 calorie diet

### Other Ingredients: None.

DISTRIBUTED BY: FLORA. INC. 805 E. BADGER RD. LYNDEN, WA 98264 1,800,446,2110 Country of Origin: USA Certified Organic by QAI 62802-R02

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