

RECOMMENDATIONS:

Adults take 1 capsule, 3 times daily, or as directed by your health care provider. Best results obtained with long-term use.

*Not recommended during pregnancy or nursing without consulting your health care provider prior to use. **Keep away from children.** Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.*

Contains no animal by-products and no gelatin

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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HERBS | PROFESSIONAL
SOLUTIONS[®]

EMOTIONAL BALANCE^{*}

Liquid Phyto-Cap[®]

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

Calories 5

Proprietary Extract Blend 550 mg†

Oats milky seed fresh extract ▲ (*Avena sativa*), St. John's Wort flower buds and tops + (*Hypericum perforatum*), Passionflower flowering vine ▲ (*Passiflora incarnata*), Vervain aerial parts ▲, Schisandra berry + (*Schisandra chinensis*), Gotu Kola leaf ▲ (*Centella asiatica*), Ginkgo leaf ▲ (*Ginkgo biloba*), Rosemary leaf supercritical extract + (*Rosmarinus officinalis*)

† Daily Value not established

Other ingredients: Vegetable glycerin, water, vegan capsule (hypromellose) and sunflower lecithin

▲ = Organic ingredient + = Ecologically harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each serving contains 1,400 mg dry herb equivalent.

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Best By: