

Suggested Use

Adults: 1 teaspoon, within one hour before bedtime!
Children age 2-12: ½ teaspoon, within one hour before bedtime!
Refrigerate after opening. Shake well before use. Alcohol free herbal syrup.

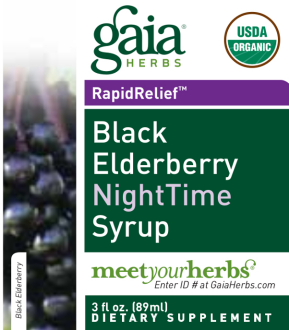
*Or as directed by a qualified health care provider.
 Not to be used during pregnancy or lactation. If you have a medical condition or are taking medications please consult with your health care provider before using this product. Keep out of reach of children. Do not use if safety seal is broken.*

meet your herbs®

BEST BY:

ID #:

CR0003 0004 808-0614 ETUSHENISR4-D



Black Elderberry

gaia
HERBS



RapidRelief™

Black
Elderberry
NightTime
Syrup

meet your herbs®

Enter ID # at GaiaHerbs.com

3 fl oz. (89ml)
DIETARY SUPPLEMENT

Supplement Facts			
Serving Size: 1 teaspoon (5 ml) Servings per Container: About 18			
	Amount Per Serving	%Daily Value	
Calories	20		
Total Carbohydrates	4 g	1%*	
Sugars	4 g	†	
Vitamin C (from Acerola ▲)	13 mg	21%	
Black Elderberry ▲	1,903 mg	†	
(Sambucus nigra) fruit juice concentrate			
Acerola fruit ▲	147 mg	†	
(Malpighia glabra) dried extract			
Proprietary Blend	104 mg	†	
Freeze-dried extract of Lemon Balm leaf ▲ (Melissa officinalis), Freeze-dried extract of Grindelia flowering tops ▲ (Grindelia camporum), Freeze-dried extract of California Poppy leaf ▲ (Eschscholzia californica)			
*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.			

Other ingredients: Organic sugar cane, water, lemon fruit juice, xanthan gum. ▲ = Certified Organic Ingredient. Distributed by: Gaia Herbs, Inc. 101 Gaia Herbs Dr., Brevard, NC 28712. Certified by Oregon Tilth. Manufactured for Gaia Herbs by Aboca S.p.A. - Italy. Product of Italy.

Each serving contains the equivalent of 14.5 g (14,500mg) of fresh Elderberries

BARCODE AREA

C08003
[006] 808-0614



Elderberry field



meet your herbs®

Meet Your Herbs® is the world's only traceability program for therapeutic herbal supplements. Ensure the safety and efficacy of this product while tracking the Seed-to-Shelf story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herbal ingredient—where and how it was grown.

INTEGRITY: View the Certificate of Compliance and test results for this product.

POTENCY: See validation of each herb's full phytochemical complex.

Obtain the proof of the safety and efficacy of your product now!

Black Elderberry NightTime Syrup



LEMON BALM



CALIFORNIA POPPY

For centuries Black Elderberries have been recognized for supporting the immune system.*
 Gaia Herbs' best-selling *Black Elderberry NightTime Syrup* super-concentrates the juice from 14.5 grams of organic Elderberries into a single teaspoon. Another important aspect of optimal health is restful sleep. *Black Elderberry NightTime Syrup* contains the organic herbs Lemon Balm and California Poppy to gently support a good night of rest.* Our *Black Elderberry NightTime Syrup* also contains organic Acerola Cherry fruit extract, making it a delicious and rich source of Vitamin C.*

A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy by Aboca, the herbal supplement leader in more than 25,000 European pharmacies and health food stores since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.



gaia
HERBS



RapidRelief™

Black
Elderberry
NightTime
Syrup

For immune support
& restful sleep*

Best-selling formula

With herbs to gently
promote rest*

meet your herbs®

SEE BACK OF BOX TO LEARN HOW

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PRODUCT OF ITALY

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Black Elderberry