

swanson.com  
or call 1-800-437-4148

- Prebiotic fiber promotes healthy microflora in the digestive system
- Nourishes probiotic organisms to help them flourish

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take two veggie capsules per day in the morning, preferably with a probiotic.

NutraFlora® and scFOS® are registered trademarks of the ingredient group of companies.  **NutraFlora**  
PREBIOTIC-SCFOS® FIBER

**NOTE:** Product contains a desiccant packet to maintain freshness. Do not eat the desiccant packet.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Prebiotic

## For Friendly Flora Support

Digestive Health

375 mg per capsule

FOS from NutraFlora®

DIETARY SUPPLEMENT | 120 VEGGIE CAPSULES

### Supplement Facts

Serving Size 2 Veggie Capsules  
Servings Per Container 60

| Amount Per Serving | % Daily Value |     |
|--------------------|---------------|-----|
| Total Carbohydrate | <1 g          | <1% |
| Total Sugars       | <1 g          | *   |

|                                                      |        |   |
|------------------------------------------------------|--------|---|
| NutraFlora® scFOS®                                   | 750 mg | * |
| (short-chain fructooligosaccharides)                 |        |   |
| (providing minimum 95% total fructooligosaccharides) |        |   |

Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), microcrystalline cellulose (plant fiber), calcium laurate, silica.

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Rev 3 08 06 18

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