

swanson.com
or call 1-800-437-4148

- Supports digestive health by encouraging the growth of friendly bacteria
- Supports bowel regularity
- Helps maintain gastrointestinal balance

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two veggie capsules per day with water.

NutraFlora® and scFOS® are registered trademarks of the Ingredion group of companies.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Probiotic+ Prebiotic Fiber

Digestive Health

500 Million CFU per capsule 500 mg FOS

DIETARY SUPPLEMENT | 60 VEGGIE CAPS

Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 30

Amount Per Serving

Bifidobacterium lactis	1 billion CFU*
NutraFlora® scFOS®	1 g*
(short-chain fructooligosaccharides) (providing minimum 95% total fructooligosaccharides)	

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose (vegetable capsule), microcrystalline cellulose (plant fiber), magnesium stearate, silica.

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