

Natrol® Lecithin 1,200mg:

- Lecithin, found in beans retrieved from the soya plant, offers naturally occurring phospholipids†
- Natural source of choline and inositol to support memory, brain, and heart health†

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

Lecithin

BRAIN HEALTH

Supports Brain & Heart Health†

Natural Source of Choline†

1,200mg



120 SOFTGELS

DIETARY SUPPLEMENT

Directions: Take 1 softgel, daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 120

Amount Per Serving		%DV
Calories	15	
Total Fat	1 g	<2%*
Polyunsaturated Fat	0.5 g	**
Soya Lecithin	1,200 mg	**
Phosphatidylcholine	180 mg	**
Phosphatidylethanolamine	150 mg	**
Phosphatidylinositol	100 mg	**
Phosphatidic Acid	60 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Purified Water.

Contains: Soy

MD: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

Manufactured for NATROL LLC
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