

BODYBUILDING.COM SIGNATURE

A signature is a promise. A symbol of your identity. Your mark on the world. Bodybuilding.com was founded on a single promise: Trust. It's who we are and it's in our blood. Our Signature line is built on the same promise. Every product is transparent, filler-free, and formulated with effective doses of research-backed ingredients you can trust. We create the highest quality supplements, so you can focus on leaving a mark of your own.

Made up of three essential amino acids — leucine, isoleucine, and valine — BCAAs promote muscle growth and recovery.* We've included them in a 3:1:1 ratio, compared to many other BCAA products' 2:1:1 ratio, because of leucine's superior anabolic potential.*

Directions for Use: Shake well before each use. Add one scoop (8 grams) to 10 ounces of cold water and mix thoroughly. Drink within 30 minutes post-workout, and throughout the day as needed.

Warnings: Consult your physician before using this product. Not for use by those under the age of 18 or by women who are pregnant, trying to become pregnant, or are nursing.

S I G N A T U R E

BCAA

PROMOTES

Muscle Growth*

FUELS

Your Workout*

REDUCES

Muscle Breakdown*

BLUEBERRY LEMONADE

DIETARY SUPPLEMENT | ABOUT 30 SERVINGS

NATURALLY AND ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE

Net Wt. 8.47oz (240g)



Manufactured in the USA in a GMP
registered facility with domestic and
international ingredients.

Contents may settle. Packed by weight, not by volume.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD
AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED
TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size: 1 Scoop (8g)

Servings Per Container: About 30

	Amount Per Serving	% Daily Value
L-Leucine	3g	†
L-Isoleucine	1g	†
L-Valine	1g	†

† Daily Value not established

Other Ingredients: Citric Acid, Malic Acid, Natural And Artificial
Flavor, Acesulfame Potassium, Sucralose, Sunflower Lecithin,
FD&C Blue No 1.

NO WHEAT, DAIRY, SOY, TREE NUTS, PEANUTS.

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