

Natrol® 5-HTP 100mg Fast Dissolve:

- Promotes a calm, relaxed mood and helps maintain a positive outlook†
- Helps reduce occasional anxiety†
- Enables production of Serotonin†
- 100% Drug-free and non-habit forming
- Fast Dissolve form—take anytime, anywhere; no water needed

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-Tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

5-HTP

MOOD & STRESS

**FAST
DISSOLVE**

Promotes a Calm
& Relaxed Mood†

100% Drug-Free



MIXED BERRY
NATURAL FLAVOR

100mg

EXTRA STRENGTH



VEGETARIAN

30 TABLETS

DIETARY SUPPLEMENT

Directions: Take 1 tablet, up to two times daily, with food. No water necessary.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving	%DV
5-HTP (5-Hydroxytryptophan) 100 mg [from <i>Griffonia simplicifolia</i> (seed)]	*

*Daily Value (DV) not established.

Other Ingredients: Xylitol, Maltodextrin, Cellulose Gum, Soy Polysaccharides, Croscopovidone, Silicon Dioxide, Stearic Acid, Malic Acid, Magnesium Stearate, Beet Root Extract, Gum Arabic, Citric Acid, Natural Flavor.

Contains: Wheat and Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

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LOT/EXP: